

Attract The Man You Want!

Module Two

A silhouette of a man and a woman dancing. The man is on the left, holding the woman on the right. The woman has her leg kicked up. The background is a gradient of red and orange, filled with many small, glowing red hearts of various sizes. The overall mood is romantic and passionate.

**Create Your Powerful 4D Vision To Attract
The Love & Romance You Desire & Deserve**

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Attract The Man You Want

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2. CREATING YOUR VISION

How was last week? Did you go really deep and unearth some old stuff that you could reframe and repurpose in support of your vision? Do you have a whole list of cool stuff on your “YES” sheets, ready to infuse with energy and inspire your life? This week is the perfect next step.

Your next level is the creation of your ***Relationship Vision Board***. This vision board will be specifically focused on your future relationship.

What is a vision board?

For the uninitiated, a vision board, in simple terms, is a collage, a visual presentation of your goals and dreams of the future. It may be general about your whole life, or there can be specific vision boards for different areas of your life including, career, home, health, and relationship.

You may already have a vision board/collage focusing on your life, which is wonderful. If you have a specific vision board for your relationship vision already, put it aside for now and follow the guidance here to create a new one.

You will be revisiting this vision board in the days and weeks to come, so as you gather your images and words, and begin your ***Relationship Vision Board***, know that you may not be complete in one sitting. You may be adding even more as the days and weeks unfold.

HOW TO

If you have never created a vision board, the following instructions will serve you well.

If you have created a vision board before, this will be a chance to start over, with a clean and fresh slate. This will be a new vision board, a new plan, and you might want to pull some images from your previous board if they fit.

I recommend reviewing the following instructions, to ensure you get maximum value from your efforts. These simple and general instructions are taken from www.selfgrowth.com (with key additions by me):

A vision board is simply a visual representation or collage of the things that you want to have, be, or do in your life. It consists of a poster or foam board with cut-out pictures, drawings and/or writing on it of the things that you want in your life or the things that you want to become. The purpose of a vision board is to activate the law of attraction to begin to pull things from your external environment that will enable you to realize your dream. By selecting pictures and writing that charges your emotions with feelings of passion, you will begin to manifest those things into your life.

The general elements that a well-designed vision board includes are:

Visual. *Your subconscious mind works in pictures and images, so make your vision board as visual as possible with as many pictures as you can. You can supplement your pictures with words and phrases to increase the emotional response you get from it.*

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Emotional. Each picture on your vision board should evoke a positive emotional response from you. The mere sight of your vision board should make you happy and fuel your passion to achieve it every time you look at it.

Strategically placed. Your vision board should be strategically placed in a location that gives you maximum exposure to it.

You need to constantly bathe your subconscious mind with its energy in order to manifest your desires quicker than you hope.

Personal. Negative feelings, self-doubt, and criticism can damage the delicate energy that your vision board emits. If you fear criticism or justification of your vision board from others, then place it in a private location so it can only be seen by yourself.

KEY: Place a current image of yourself in the center of the vision board. I highly recommend you use a photo of you that is recent, happy and smiling. This is vital to connect your subconscious into the vision and increase the board's attraction factor. If you don't have one, get a new photo taken!

Focus particular attention on images and words that evoke strong positive feeling in you. If you find nice images or plain words that sort of describe your vision, skip them and go deeper. Find images and words that really stir your heart and your passion. This creates a powerful and magnetic kinesthetic connection to both your vision-board and more importantly, your ideal relationship.

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Key items to have on your **Relationship Vision Board** in one form or another (images and pictures ideally, words and phrases as backup) will include:

- How you feel and appear in your relationship
- What he is like (how he looks, feels, acts)
- His style (clothes, physique, accessories, etc.)
- What he brings to your relationship (how you are together)
- What you are like with him (connection, intimacy, trust)
- What he's about and up to (vocation, mission, service)
- Where you might go or what you might do together (travel, locations)
- And, very importantly, how your relationship feels and looks.

Choose images that not only look like what you want to have, but more importantly, have the feeling of what you want. This is very important – as mentioned before, the more feeling you put in, and consequently get from your **Relationship Vision Board**, the more dynamic and rapidly you get results. Generating a strong positive emotion when you see your vision map anchors your future state into your consciousness and attracts your future vision to you a whole lot more rapidly.

The most important component and experience of your **Relationship Vision Board** is how it makes you feel and what it evokes for you when

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you think about it and look at it. You have this whole week to get a head start, gathering materials and building your vision-board (and yes, you will visit it again over the upcoming weeks).

You are beginning with this vision board for a specific reason. It is a cornerstone of creating what you want, and any chance you have to work on it, the more alive it will become, and the more powerful your results will be. Start early and enjoy the experience.

Once completed (or as much as you do each day), place your vision board in a visible place where you see it every day. Bedroom or bathroom are good choices, somewhere private that is your own space is ideal too.

Enjoy the fruits of your labor, every day.

AFFIRMATIONS

You have begun using affirmations with Module One. Now here are some more powerful affirmative statements to add to your daily practice and support.

Again, read each affirmation out loud, facing a mirror, looking in your own eyes. Read these affirmations each morning when you first arise and each evening before you go to bed. Take time to breathe fully between each one. And smile while you do this, your life is getting better and better all the time.

***My love touches and blesses all
aspects of my life.***

***I love my life! I love sharing my
life!***

I love who I am becoming.

***Everything conspires for my good
and for my success.***

***I love where my life is leading and
I know great gifts are happening
for me.***

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