## Attract The Moun You Wount!



Barry Selby
Relationship Attraction Expert

#### Welcome to

Attract
The Man
You Want

### 8. YOU ARE AMAZING!

#### Congratulations!

#### You did it!

This is the final structured assignment of *Attract The Man You Want*, although there is much more ahead.

I trust you have enjoyed and fully immersed your journey so far?

I trust you are feeling more integrated, and prepared to embrace that amazing man who is already on his way to you?

For the final week, let's take it one step higher. Cranking this up one more notch to add fuel to this incredible vision, so it is ignited.

This final assignment is all about celebration. Beginning today and going for a few days if you wish, in multiple ways, you will be celebrating your success. In small ways, big ways, private ways, public ways, inner ways, and overt ways.

You may be experiencing a little puzzlement at the moment. I ask you to bear with me, this will all make sense shortly, just like all the previous assignments did.

They did make sense, didn't they? :-)

Looking ahead, you are going to have a lot of fun with your new assignment.

As you take a moment to look back over the past seven modules, from where you began, to where you are now, how do you feel?

Do you feel the same?

Or do you feel totally blown away with new possibilities, new standing in your own life, and perhaps you even had a date or two.

I'm suspecting more the latter.

On the other hand, you may not yet see a lot of change happening out there, externally. If you did all the heart-work up to this point, full out, I promise you wonderful positive change is coming your way.

This workbook and the practices you explored are working massive magic on the inside, transforming your heart, your mind, and your beliefs, and thus your future also.

Ah, my secret plan has been revealed. OK perhaps this wasn't really that secret.

You may feel like you are in the midst of preparation energy, which is what it is. You have paved the way for what's coming. And what is coming, is magnificent.

The vision you have created, your intentions, your preparations are creating a vortex, a magnetic pull and attraction for what you have been preparing for.

You will most likely find yourself meeting some wonderful men in the coming weeks, and you might just meet someone very special very soon.

I won't make any promises, however I trust you realize you have seriously stacked the deck in your favor.

So, with all that said, now you get to celebrate, because you are victorious! You are a winner, a powerful woman with clarity, excitement and joy.

And what better thing to do, than honor, appreciate and celebrate yourself? Celebrate!

How you do this is really up to you. As usual, however, I have a few easy choices to anchor this new frequency, this new level of loving, and especially this new relationship you have with yourself and your vision.

So take any or all these suggestions in hand, and take time each day, as long as you want to, to liberate that joyful one inside.

Here are a few options you can entertain in your celebratory moves, knowing you have freedom and creativity to explore your own choice that isn't listed here:

- Get thee to the dance-floor! You could do this in the safety and isolation of your home (which I recommend you do as well), however taking yourself out on the town, to have fun, and dance and enjoy your physical senses and self.
   Go out with the ladies, and make it a group activity!
- Treat yourself (1): Go Shopping! I invite you to go to your favorite store and find something truly nice, something special, something meaningful for you that will be a reminder, to inspire you, to empower you, and to bring you joy whenever you look at it. Just

don't refill your closets and space again! You did just spend some time and energy clearing out some room for that amazing man, didn't you?

- Treat yourself (2): Go Feast! Take yourself out for something fabulous to eat. An amazing meal, or a simply spectacular dessert. It can be decadent if you desire, it must certainly be a highlight of your week, month, or even longer. Take your time and fully immerse yourself in this experience, to really savor how everything tastes, how it smells, how it titillates and impacts your senses, and how you feel before, during and after this indulgence, how sensuous the experience is for you. Savor it all.
- Throw a party! Have it at your home, or better yet, somewhere out in the world. Invite all your friends, or just one or two. When (or if) they ask what the occasion is, you can tell them you are celebrating yourself and declaring you are ready for love, with someone very special yet to be named!
  You could explain you have been studying an eight module online program and you are required to do it, but that might not make sense to them. Then again, it might!
- Take yourself on a weekend vacation getaway. If you have not been out of town, or away from your business life in a while, this one can really shift and uplift your energy. It doesn't have to be exotic (although it could), or fancy (although it could) or expensive (although it could).
  - Go somewhere that feeds your soul, that inspires you and uplifts you. Make this trip private, intimate and special, just for you.

I trust you are getting the idea.

Pick a way to celebrate yourself, and have fun. Ideally you can celebrate in some fashion every day. If you really enjoy this, keep it going.

This is the last of the eight heart-work assignments, so you are complete after this.

I do have some next step suggestions ahead.

And yes, there are a few more affirmations. This is your final set of affirmations for this program. Add them to your growing list, use them with love and embrace the gifts they deliver.

I embrace and fully love, appreciate and celebrate myself.

I am an incredible woman and deserve the best that life has to offer.

I am amazing, I am beautiful, I am sexy, I am glorious and feminine.

I appreciate and applaud me! I am grateful for who I am, and excited for who I am becoming.

# Attract The Moun You Wount!

Relationship Attraction Expert
BarrySelby.com