# Attract The Mount!



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### Welcome to

Attract
The Man
You Want

# 6. TAKING A TEST DRIVE

In the third heart-work assignment, you had the opportunity to immerse yourself in your very own vision of your perfect first date.

I trust you enjoyed it, and perhaps gained some insight and clarity about what is important to you (perhaps you have more refinement and content to add to your *Romance Vision Board*?).

In this assignment, you will utilize your imaginary time machine. You didn't know you had one? You do, as I will explain. In your powerful imagination, as confirmed in the third module, you will travel in time into your future. You will move the dial on your imaginary time machine to a future point in time where you are no longer single or dating, you are your desired loving and passionate romantic relationship. Using the same techniques as you used before (in the third assignment for your Perfect First Date), you will be writing about and describing your vision as if it is real, feeling all the feelings of your amazing committed relationship already established, as if it is happening right now.

You will travel in your imagination forward beyond many more perfect and successful dates. If you wish, you can take time to stop and enjoy them for a bit along the way.

At some point that feels right for you, put the brakes on in your time machine, and come to a stop in a specific time in the near future that

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feels right, and where you experience your truly awesome romance, where you are immersed and enjoying your vision of your perfect romantic relationship.

You are in your amazing, juicy and committed relationship with your future partner.

You will have the chance to describe this wonderful experience, almost like a diary entry, celebrating and sharing your be once again creating your vision using all your senses, and using language and signs that make your perfect romantic relationship **present** in this **now** moment.

Describe your amazing relationship using words and language that inspire you, that give you the feeling of openness and expansion. Ensure your statements don't limit your experience, and that they are present tense, and use spatially present language too (now rather than then, here rather than there).

Specifically, your statements in this description are to be positive language, present moment, inspired and evocative!

For example, rather than saying "we never have any challenges in our romance" rephrase into the positive - "our intimacy grows as we always resolve any challenges with love and deeper connection."

Instead of being bland and boring and in the future like "we will go out to dinner twice a week" state it in the present, and add some juice and spice to it "we enjoy a wonderful and romantic dinner at new and exciting restaurants a minimum of twice a week."

You do want more juice, spice and fun in your relationship, don't you?

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In your vision, include all the major aspects of your relationship of course (such as likes, ways of interacting), and also include the less vital yet also key components of what makes your perfect relationship perfect. How often you see each other, what you do together, how you feel when you are with him, how you feel when you are apart, how you share romance, how you interact socially when alone, and when together, what you do together out in the world, and apart, how he communicates with you when you are apart, what your romance feels like, the joy and rapture of your sexual relationship too.

Create your personal, exciting, fully alive and real description of your relationship. The more energy and feeling you invest in it, the more you attract it.

This is your perfect romantic relationship, and you are the master artist of your true romance. Take out your metaphorical brushes and paint yourself a masterpiece!

This is your life, your future, your vision, so enjoy all of this.

Have fun!

## **AFFIRMATIONS**

Here are your latest set of affirmations for you enjoyment and deepening experience. Use them with love and embrace the gifts they deliver.

My commitment is to my love, to my joy, and to my life.

I live more aligned to my heart, every day.

I am willing to have what I want, and I am grateful for my gifts.

I love my relationship, I love my life, I love how everything works out for my good.

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