Attract The Moun You Wout!



Barry Selby
Relationship Attraction Expert

Welcome to

Attract
The Man
You Want

5. PREPARE YOUR SPACE

If your home environment is full and packed to the rafters with "stuff," you have no room for anyone else to join you.

It also stifles and blocks your ability to give and receive, and your creativity. Your own life force is being depleted.

Basically, being a pack-rat is definitely not conducive to your health, and certainly not ideal if you want to attract a relationship partner.

It is a simple yet powerful practice, and this action will facilitate shifting the energy in your home toward your vision of relationship. It will help you feel more open, more spacious and more prepared to attract love and romance.

You may already know about what you are about to do - this heartwork assignment is rooted in traditional Feng Shui and will amp up your self-support and magnetism.

You will take time, ideally over a few days, to organize and set up your home environment to be attractive to and prepare for partnership and romance.

During the time you do this, review, remove, recycle, reduce and rejoice in your own space.

You will shift your energy and also create a vacuum, so to speak, that is an attractant to be filled by something or someone good.

HOW TO

Your goal is to clean and clear the energy and vibration of your home, to clear it of unneeded or negatively charged items, whether old stuck energy in furniture, clothing or other possessions, clutter, ornaments, or more extreme, gifts from ex-lovers, etc.

Feel free to have a yard sale - there is no requirement that you can't sell some of these exiting items. You will find the sale or donation of these items opens up more space and more gratitude for you too.

This is a good time to also focus on reducing any clutter, including papers and accumulated files, etc., which will streamline and clarify your own energy too.

If you have a gift or keepsake (jewelry perhaps?) from an old relationship in your home, and if it has any negative energy associated with it (from the break-up perhaps), it is definitely best to remove it from your home. to free up the energy of your space. If you have negative energy in your space, you will impede your new romance and attraction to your new man.

If the object in question is valuable, simply casting it out or even selling it may not be the ideal choice. However, if this gift carries a lot of old negative energy or memories, you have a choice.

As I mentioned, either this old gift has to go, be removed, to clear the energy from your space, or alternatively, the energy and memories associated with it need to be cleared so the gift/keepsake can remain in your space, free of association and negativity.

Choose this latter option, and you will need to make peace with the memories about this gift, and release any remaining negative energy, so you can make this gift part of your sacred and uplifting space. This releasing will require some conscious action steps.

I happen to have a powerful three step healing process (part of my other programs) that will help you release the energy on this gift. If you want it, <u>email me</u>, and I'll provide it.

Once complete with this process, you will have peace and resolution so your keepsake will be energetically clean and solely yours from this point forward. You can also use any energy clearing techniques you know, or want to research it.

Now you have cleared out all that no longer serves you, and your vision, it is now time to prepare your environment (that means to NOT fill up your space!) to make it more conducive to couple-hood.

Here are some suggestions to get you started:

- When you set up the dining table (you have one don't you?) add a second place setting.
- Add a second towel in your bathroom.
- Add a second toothbrush as well.
- Hopefully you have a bed wide enough to accommodate two bodies? If not, you might want invest in one, soon!
- Now you have your bed made for two, have two pillows as well.

- Increase the attraction even more in your bedroom by having a second matching bedside table and lamp so both sides of the bed are in balance.
- Donate or get rid of some old clothes if need be, to make room in your closets and dresser drawers for him to place his things. Be intentional, have extra hangars hanging in your closet for him to use.
- You may add a practice of lighting a pair of candles each evening to represent your two flames.

Continue exploring how else you can create the space for your relationship. There are plenty of online resources and books on Feng Shui you can check out if you wish to take this deeper than covered here.

Warning: you may have an overpowering urge or temptation to go shopping to fill this space. DON'T!

Remember why you are choosing to do this – you are intentionally making room for your lover, your divine romance partner. I trust this intention and focus will assuage any shopping temptations.

This heart-work assignment may open up more than greater space in your environment. You may also have some feelings come up, some memories or some concerns. If you journal, I highly recommend you write about these feelings, and get them out onto paper. It will help you free up internal space too. If you have any questions, I welcome your email, of course.

Be bold, be willing, be loving with your environment and your "stuff."

OK, get to it!

AFFIRMATIONS

Here are some new affirmations, to expand your growing list of supportive and inspiring statements you are using to empower and support yourself. You are using them every day aren't you?

You know what to do by now!

I create space that attracts my perfect relationship.

The openness I provide is matched by the relationship I desire.

I know I am worthy, and deserve the very best of romance.

I am in the flow of my life, and magic happens every moment.

Barry Selby
Relationship Attraction Expert
BarrySelby.com