

# *Attract The Man You Want!*

**Module Four**



**Create Your Powerful 4D Vision To Attract  
The Love & Romance You Desire & Deserve**

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Welcome to

*Attract  
The Man  
You Want*

## 4. ESCAPE INTO ROMANCE

We will be changing gears for this module.

You will be taking a different adventure into romance. And it might even be fun.

This module is particularly for you if you are not one to read romance novels, watch what are commonly called “chick flicks,” or even read romantic or romance-centric articles in magazines.

If you do, this will be an easy experience. Perhaps.

You consider yourself a strong woman, self-willed, motivated business savvy, and certainly mentally astute.

All great qualities.

This module is intended to expand your horizons into more fantasy and playfulness around romance, and give you time to intentionally soften, open, and yield to your heart, to feel more connected to your sensuality, and to enjoy feeling more fully feminine.

**Your heart-work is this:**

Dedicate at least an hour a day, and partake of some romantic consumable media. That romantic consumable media might be a romance movie (at the theatre, on cable, a rental on DVD, or streamed over the web if that’s your flavor), or reading a racy and entertaining romance novel, or some other romantic enjoyment you choose. Maybe

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it is time to set up your Netflix™ queue with seven romance movies for this week? I trust you get my drift.

Choose media that stirs your passion, gets your juices going, that not only entertains you, it also touches that romantic yearning that resides deep inside. You get to decide what that looks like.

You perhaps feel like dismissing this as a simply an exercise in escapism or pure entertainment, that you need not do.

Don't.

There's more to this heart-work assignment than it appears.

Besides adding to your romantic consumption, this is an exploration, an intentional deepening. You will also have opportunity for reflection.

Each day you complete this exercise, review and write about how you felt while watching the movie or reading the book.

- How did you feel?
- Did you enjoy the experience? Why or why not?
- Did you feel uncomfortable? Why or why not?
- Did you enjoy or judge the portrayed romance?
- Did you compare or contrast yourself against the heroine?
- Did you compare your ex against the leading man?
- What aspects felt exciting to you?

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- What aspects pushed your buttons?

This simple exercise will highlight some of your preferences about romance. It may just be an eye-opening review.

# AFFIRMATIONS

Here's your next list of new and additional affirmations. Add these to your expanding list and enjoy embracing and owning all of them.

As in previous weeks, read each affirmation out loud, facing a mirror, looking in your own eyes. Read these affirmations each morning, when you first arise and each evening before you go to bed. Take time to breathe fully between each one. And smile while you do this, your life is getting better and better all the time.

***I live in gratitude for all that my  
life offers.***

***I trust myself and declare what I  
want from my heart.***

***My life is filled to overflowing  
with gratitude and joy.***

***I am clear on my vision and  
my life is attracting everything I  
want.***

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